



# 21<sup>st</sup>

# BALKAN SENIORS CHAMPIONSHIPS



BULLETIN No: 1

# KARATE



SERBIA ČAČAK  
25-27 April 2019

<http://www.balkankarate.org>  
e-mail: [office@balkankarate.org](mailto:office@balkankarate.org)

**Mr. Esat Delihasan, President of Karate federation of Balkan**



Dear athletes, coaches, distinguished guests and friends of karate,

It is a great honor for me to invite all competitors from the Balkan countries to participate in the 21st Balkan Karate Championships for Seniors which will take place in Čačak, Serbia, on 25-27 April 2019.

Organizing such an event is prestigious and a great responsibility. We hope that all participants will feel the Serbian hospitality. Karate Federation of Balkans is actively working towards the endorsement of the philosophy and spirit of Karate, promotes and develops Karate as an elite sport, as well as a mass sport for everyone.

The Balkan Karate Championship in Čačak is more than just a competition, it is a place where friendship, respect and tolerance meet.

The Karate sport is a challenge to the human spirit, the will and strength of the human body, daring and respect towards the opponent and a century old wisdom from the path.

Karate speaks all languages and connects all people and generations, regardless of race, sex and religion.

I wish all participants good health and strength, boldness respect and dignity, and many sports victories.

Please accept my most sincere greetings and best wishes for success

Welcome

**Mr. Slavoljub Piper, Secretary General of the Karate Federation of Balkan**



Dear guests,  
Dear athletes,  
Friends of karate,

It's my great pleasure to welcome all participants of the 21st Balkan Seniors Championship.

Serbia and Cacak are the traditional host a major sporting event such as this competition. Reassemble the whole Balkan in one place; it is a great honor and responsibility for our country.

Accepting the organization of this tournament we wanted to show everyone how karate is positive, mass and popular sport.

We hope that all participants and guests will see and feel the energy, knowledge and hospitality of our people and therefore will constantly return to compete. This event is more than the competition itself. It will be a combination of friendship, art and karate.

I am convinced that Serbia and Cacak, as many times before, are ready to justify the trust.

I wish that this event, for all participants and for the world karate sport, be seen as wordless dialogue in the spirit of sport philosophy. Karate speaks all languages and connects all people and generations, regardless of race, sex, religion and political status.

Let the best win!

Welcome to City of Čačak.

**ORGANIZING COMMITTEE**



**Milun Todorović**  
President of OC  
Mayor of Cacak



**Milenko Kostić**  
Co-President of OC



**Slavoljub Piper**  
President  
of Karate Federation of Serbia



**Dragan Gojković**  
Co-President of OC



**Nemanja Trnavac**  
Member of OC



**Milenko Marjanović**  
Member of OC



**Zoran Špajaković**  
Member of OC



**Milovan Petrović**  
Member of OC



**Aleksandar Petronijević**  
Member of OC



**Milovan Jovanović**  
Member of OC



**Aleksandar Milojević**  
Member of OC



**Prof. Strahinja Tepavčević, PhD**  
Member of OC



**Prof. Srećko Jovanović, PhD**  
Member of OC



**Goran Šćepanović**  
Member of OC



**mr Predrag Stojadinov**  
Member of OC



## WELCOME TO CACAK

City of Čačak , with more than 150,000 inhabitants, is located in central part of Serbia in Morava district. From Belgrade is far 120 km, a near Cacak in the area of the Morava district are cities Gornji Milanovac, Ivanjica, Lučani and Guča.



Located mainly in the Western Morava district, Cacak city provides the link between the wavy hills of Šumadija the north and hilly - mountainous areas inner Dinarides in the south. The central part of the city makes Cacak valley, situated between the mountains Jelice on the south, Ovčar and Kablar to the west and Vujan to the north, while to the east is open to Kraljevo basin. These mountains are slightly wavy and descend to the valley Cacak, Cacak city and during the river Zapadna Morava.



Favorable geographical location, moderate climate, the rivers, cultural and historical monuments, cultural institutions, many cultural and sporting events, creating tourist offer of Cacak.



Worth monumental heritage and natural beauty of the surroundings make the Čačak like a known tourist destinations in Serbia. Culture and turbulent history of the city are preserved traces of civilization that inhabited this city and its environs. Noteworthy are the church Vaznesenja Hristovog, the National Museum, the architecture of old buildings, galleries, monuments, archaeological sites.



In this city were born significant figures in the fields of culture, arts, literature and sports. They are his work marked the era in which they created and lived among them Nadezda Petrovic, Vladislav Petković Dis, Branko V. Radičević, but also a great military leaders like Stepa Stepanovi, John Kursula, Tanasko Raji and many others.



Čačak is a city of sports with a large number of sports clubs. In and around the city there are numerous sports fields and facilities, swimming pools, where you can organize sports and recreational activities. Of course, there is the West Morava river, which kept its shores and amenities attract more visitors. It is very popular Moravian race, but other sporting event that offers a Čačak.



Only a few kilometers from Cacak, there are spa, villages, monasteries, cultural and historical monuments. Beautiful nature in Ovčarsko-Kablarska gorge, mounts Ovcar and Kablar, lakes and meanders of river Western Morava, rich flora and fauna.



## TRANSPORTATION

Orientation: Čačak has good transport connections with nearby cities thanks to its great position. It is located about 120 km to the south-west of Belgrade, 650 km from Ljubljana, 515 km from Zagreb, 330 km from Podgorica, 720 km from Bucharest, 360 km from Sofia, 900 km from Istanbul, 280 km from Sarajevo, 350 km from Skopje, 510 km from Tirana...

### By plane

The nearest airport to Čačak is Belgrade's Nikola Tesla Airport. It is 120 km from Čačak and it takes roughly two hours to drive between the two cities.

Numerous foreign airline companies are also providing flights to Belgrade.

Phone: +381 11 209 4444

[www.beg.aero](http://www.beg.aero)

Transfer from the airport to Čačak can contact the organizer.

### By bus

Using the bus is the most recommended option.

Phone: +381 32 322 211

### Roadside assistance

Domestic call:

Phone: 1987

International call:

Phone: +381 11 1987

[www.amss.rs](http://www.amss.rs), [info@amss.rs](mailto:info@amss.rs)

## ACCOMMODATION:

### HOTEL BEOGRAD HQ

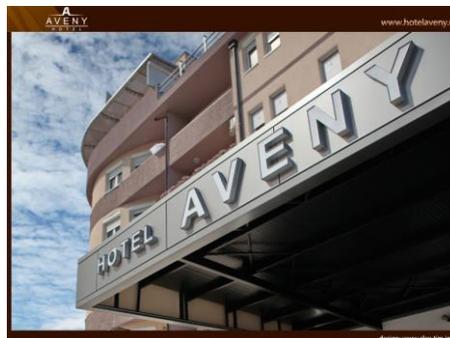
Offering a restaurant, Hotel Beograd is located in Čačak. Free WiFi access is available. Each room here will provide you with a TV, air conditioning and cable channels. Featuring a bath or shower, private bathroom also comes with a hairdryer and bathrobes. You can enjoy city view from the room. Extras include a desk, a safety deposit box and bed linen.

At Hotel Beograd you will find a 24-hour front desk, a terrace and a bar. Other facilities offered at the property include a shared lounge, luggage storage and an ironing service.



### HOTEL AVENY

Hotel Aveny is the newest hotel in Cacak town. Offering accommodation in comfortable rooms and suites, appealing look, pleasant ambiance and functional design it will meet all the needs of every business and leisure traveler. Our pleasant employees will give a special attention to every detail. Hotel Aveny stands out as one of the best hotels in the Western part of Serbia.



### HOTEL LIVADE

The hotel has different types of rooms and suites satisfying a variety of demands of its guests and meeting modern standards of high-class hotel industry: single rooms, double rooms, twin-bed rooms with king bed, family rooms and suits. The hotel has 52 rooms. The standard hotel service is bed and breakfast. Half board and full board are also available. Breakfast is based on self-service and the guests are offered a wide variety of food and drinks: pastry, cheese, ham, butter, jam, honey, hot meals, fruit, cold and hot beverages.



### HOTEL KOLE

Offering a restaurant, Hotel Kole is located in Čačak. Free WiFi access is available. Each room here will provide you with air conditioning, a minibar and satellite channels. Featuring a shower, private bathroom also comes with a hairdryer and free toiletries. Extras include a desk, a safety deposit box and bed linen.

At Hotel Kole you will find a 24-hour front desk, a terrace and a bar. Other facilities offered at the property include grocery deliveries, meeting facilities and a shared lounge. The property offers free parking.



Hotel	Category	Distance from the Sport Hall	1/1	1/2 twin	1/2 queen	1/3
Beograd HQ	4	300 m	45	40	38	38
Aveny	4	1 km	45	40	38	38
Livade	3	2,5 km	40	35	35	35
Kole	3	2 km	40	31	35	35
Tema Nova	3	300 m	45	35	35	35
Čačak	2	2 km	35	30	30	30



**Prices are in EUROS per person per night.**

**Prices include accommodation, breakfast and dinner.**

The number of rooms available are limited and a first come first serve policy will be implemented.

Note: Please be informed that when making changes to your initial reservation, the first change is free of charge, from the second change onwards, the change is 15 Euros to cover office fees.

### **BOOKING AND PAYMENT FOR THE ACCOMMODATION AND TRANSFERS**

The bookings have to be done by filling up the registering form, and sending it to e-mail:

office1@karateserbia.org

**Preliminary reservation of available hotels should be made up to March 22nd, 2019.**

A reservation of 30% of the total price should be paid up to March 29th, 2019; this date will be considered final.

**A reservation and 100% of the total price should be paid up to April 5<sup>th</sup>, 2019; this date will be considered final.**

Rooming list must include a contact person with the email address and phone number.

**NOTICE:**

**Booking and payment should be made to the Karate Federation of Serbia with deadline April 5<sup>th</sup>, 2019.**

**All athletes and delegations must be accommodated in hotels in the organization of the Technical Organizer (KFB Statute, Article 57).**

### **BANK DETAILS**

TRANSFER HAS TO BE EFFECTED AS PER FOLLOWING INSTRUCTION

FIELD 32: CURRENCY	EUR
FIELD 56a: INTERMEDIARY INSTITUTION	DEUTSCHE BANK AG FRANKFURT SWIFT: DEUTDEFF
FIELD 57a: ACCOUNT WITH INSTITUTION	Banka Poštanska Štedionica a.d. 11000 BEOGRAD SWIFT: SBPORSBG
FIELD 59: BENEFICIARY CUSTOMER – NAME & ADDRESS	RS35200272569010100375 KARATE FEDERACIJA SRBIJE MAKEDONSKA 28/2, 11000 Beograd 6



## CANCELATION CONDITIONS

15 days prior to arrival: 75% of the total booking price  
7 days prior to arrival: 100% of the total booking price

**All reservations must be made through Karate Federation of Serbia.**

## REGISTRATION

**Deadline for registration of competitors and team is April 22<sup>nd</sup>, 2019. To apply, it is necessary to use on line Sport Data.**

A country can register:

- up to 4 competitors for individual Kata events
- up to 4 competitors for individual Kumite event
- 1 Team for Kata Team
- 1 Team for Kumite Team.

## PROTECTIVE EQUIPMENT

All competitors must bring with them their own gloves and belts (red and blue) and all other protective equipment approved by the WKF.

## FEE

Participation fee of Kata individual:	20 Euro
Participation fee of Kata Team:	15 Euro
Participation fee of Kumite Team:	20 Euro
Participation fee of Kumite individual:	20 Euro

## AGE CATEGORIES

Seniors	Kata +16 Kumite +18
Veterans	1984-1975 1974-1965 1964 and older

## KATA

AGE	INDIVIDUAL	TEAM
Seniors	+16	+16
Veterans	1984-1975 1974-1965 1964 and older	1984-1975 1974-1965 1964 and older

## WEIGHT CATEGORIES

	INDIVIDUAL					TEAM
Seniors Female	-50	-55	-61	-68	68+	3+1 Open
Seniors Male	-60	-67	-75	-84	84+	5+2 Open
Veterans Female 1984-1975	-53	-60	+60			3
Veterans Female 1974-1965	-53	-60	+60			3
Veterans Female 1964 and older	-53	-60	+60			3
Veterans Male 1984-1975	-65	-75	+75			3
Veterans Male 1974-1965	-65	-75	+75			3
Veterans Male 1964 and older	-65	-75	+75			3

## EVENT'S PROGRAMME

### THURSDAY, April 25th, 2019

10:00 – 16:00	Registration of Delegations	HQ Hotel
12:00 – 16:00	Weighing, All Categories	Hall "Borac Near the Morava"
15:00 – 16:30	KFB Executive Committee Meeting	HQ Hotel
19:00 – 20:30	KFB Ordinary Annual Congress	HQ Hotel
18:00 – 18:30	Drawing	HQ Hotel





## 21st Balkan Seniors Championships



### COMPETITION SCHEDULE

**FRIDAY, April 26th, 2019**

Time	M/F		
09.00	Seniors Female	Kata individual	Eliminatories&Repechages
	Seniors Male	Kata individual	Eliminatories&Repechages
10.00	Seniors Female	-61 kg	Eliminatories&Repechages
	Seniors Female	-68 kg	Eliminatories&Repechages
	Seniors Female	+68 kg	Eliminatories&Repechages
	Seniors Male	-67 kg	Eliminatories&Repechages
	Seniors Male	-75 kg	Eliminatories&Repechages
	Seniors Male	-84 kg	Eliminatories&Repechages
	Seniors Male	+84 kg	Eliminatories&Repechages
	Veterans Female 1984-1975	Kata individual	Eliminatories, Repechages & Final
	Veterans Female 1974-1965	Kata individual	Eliminatories, Repechages & Final
	Veterans Female 1964 and older	Kata individual	Eliminatories, Repechages & Final
	Veterans Male 1984-1975	Kata individual	Eliminatories, Repechages & Final
	Veterans Male 1974-1965	Kata individual	Eliminatories, Repechages & Final
	Veterans Male 1964 and older	Kata individual	Eliminatories, Repechages & Final
	Veterans Female 1984-1975	-53 kg	Eliminatories, Repechages & Final
	Veterans Female 1984-1975	-60 kg	Eliminatories, Repechages & Final
	Veterans Female 1984-1975	+60 kg	Eliminatories, Repechages & Final
	Veterans Female 1974-1965	-53 kg	Eliminatories, Repechages & Final
	Veterans Female 1974-1965	-60 kg	Eliminatories, Repechages & Final
	Veterans Female 1974-1965	+60 kg	Eliminatories, Repechages & Final
	Veterans Female 1964 and older	-53 kg	Eliminatories, Repechages & Final
	Veterans Female 1964 and older	-60 kg	Eliminatories, Repechages & Final
	Veterans Female 1964 and older	+60 kg	Eliminatories, Repechages & Final
	Veterans Male 1984-1975	-65 kg	Eliminatories, Repechages & Final
	Veterans Male 1984-1975	-75 kg	Eliminatories, Repechages & Final
	Veterans Male 1984-1975	+75 kg	Eliminatories, Repechages & Final
	Veterans Male 1974-1965	-65 kg	Eliminatories, Repechages & Final
	Veterans Male 1974-1965	-75 kg	Eliminatories, Repechages & Final
	Veterans Male 1974-1965	+75 kg	Eliminatories, Repechages & Final
	Veterans Male 1964 and older	-65 kg	Eliminatories, Repechages & Final
	Veterans Male 1964 and older	-75 kg	Eliminatories, Repechages & Final
	Veterans Male 1964 and older	+75 kg	Eliminatories, Repechages & Final
18.00	Opening Ceremony		
	Seniors All Finals		
	Medals Ceremony		

**SATURDAY, April 27th, 2019**

Time	M/F		
09.00	Seniors Female	Team Kata	Eliminatories, Repechages & Final
	Seniors Male	Team Kata	Eliminatories, Repechages & Final
	Seniors Female	-50 kg	Eliminatories, Repechages & Final
	Seniors Female	-55 kg	Eliminatories, Repechages & Final
	Seniors Male	-60 kg	Eliminatories, Repechages & Final
	Veterans Female 1984-1975	Team Kata	Eliminatories, Repechages & Final
	Veterans Female 1974-1965	Team Kata	Eliminatories, Repechages & Final
	Veterans Female 1964 and older	Team Kata	Eliminatories, Repechages & Final
	Veterans Male 1984-1975	Team Kata	Eliminatories, Repechages & Final
	Veterans Male 1974-1965	Team Kata	Eliminatories, Repechages & Final
	Veterans Male 1964 and older	Team Kata	Eliminatories, Repechages & Final
	Veterans Female 1984-1975	Team Kumite	Eliminatories, Repechages & Final
	Veterans Female 1974-1965	Team Kumite	Eliminatories, Repechages & Final
	Veterans Female 1964 and older	Team Kumite	Eliminatories, Repechages & Final
	Veterans Male 1984-1975	Team Kumite	Eliminatories, Repechages & Final
	Veterans Male 1974-1965	Team Kumite	Eliminatories, Repechages & Final
	Veterans Male 1964 and older	Team Kumite	Eliminatories, Repechages & Final
	Seniors Female	Team Kumite	Eliminatories, Repechages & Final
	Seniors Male	Team Kumite	Eliminatories, Repechages & Final
	Medals Ceremony		
	Closing Ceremony		

**SPORT VENUE – HALL “BORAC NEAR THE MORAVA”**

One of the synonyms for sport in Cacak called Hala Borac near the Morava river or simply the "Hala kraj Morave", and is the largest sports hall of the city of Cacak.

The capacity of the hall is 4.000 people and is located next to the West Morava river, by which it was named. End of 2008. the year began with the reconstruction of the hall. In addition to basketball games in the hall, they organize concerts, dance contest, kik boks match, karate tournament "Golden Belt" as well as many other events.

In addition to the closed field, which meets the highest standards of sports, stands with seats, journalistic lodge and VIP lodge, Hall has six dressing rooms for athletes, press room, meeting rooms and a number of offices.

This sports complex has four outdoor basketball courts. This "temple" of sports in fits the atmosphere of the Western Morava River, not far from the halls are: swimming pools, running tracks and many other auxiliary fields and facilities.





## VISAS

All information regarding visas can be found on the website of the Ministry of Foreign Affairs of the Republic of Serbia.

Ministry of Foreign Affairs  
Kneza Miloša 24-26  
tel. +381 11 3616 333, fax +381 11 3618 366  
[www.mfa.gov.rs](http://www.mfa.gov.rs)

## LANGUAGE

The official language is Serbian. Most of the people speak English.

## TIME ZONE, ELECTRICITY AND WATER

Čačak is in the CET zone - Central European Time (GMT+1 hour).  
Summer time is from the end of March to the end of October (GMT+2 hours).  
The Serbian electricity network operates at 220 V~, and a frequency of 50 Hz.  
The city public water supply and the water from public drinking fountains are safe and pleasant to drink.

## WEATHER

Čačak has a moderate continental climate, with four seasons. Autumn is longer than spring, with longer sunny and warm periods - the so-called Indian summer. Winter is not so severe, with an average of 21 days with temperatures below zero. January is the coldest month, with an average temperature of 0.1°C. Spring is short and rainy. Summer arrives abruptly. Average air temperature in April is 20°C.

## CURRENCY

The official currency is the dinar (RSD). Coins: 1, 2, 5, 10 and 20 dinars and banknotes: 10, 20, 50, 100, 200, 500, 1000, 2000 and 5000 dinars.  
Currency can be exchanged in all banks and post offices, as well as in the many authorized exchange offices (exchange offices do not take exchange fees).  
1 Euro is approximately 118.40 RSD. The most current information can be found on the National bank of Serbia official website [www.nbs.rs](http://www.nbs.rs)



## WORKING HOURS AND NATIONAL HOLIDAYS

Banks and post offices:

- Weekdays 08.00-17.00
- Saturdays 08.00-15.00
- Sundays, only 24-hour duty branches

Food stores:

- Weekdays 06.30-20.00 (in some cases up to 21.00)
- Saturdays 06.30-18.00 (in some cases up to 21.00)
- Sundays closed (in some cases 07.00-13.00)

Markets are open every day 06.00-17.00

Shops in shopping malls are open 09.00-20.00

Department stores:

- Weekdays from 08.00-20.00
- Saturdays 08.00-15.00
- Sundays closed

## HEALTH AND SAFETY CONCERNS

The organizer has provided for the participants to be taken care of by Health Center "Dr Dragiša Mišović", which is located in the center of Čačak.

Zdravstveni centar "Dr Dragiša Mišović",

Dr Dragiša Mišović Str. 205

Serbia

32000 Čačak

Phone: +381 32 307 066

Fax: +381 32 377 061

zdravstvenicentarc@gmail.com

<http://www.zccacak.rs>

The Ministry of Interior, Republic of Serbia will be in charge of general safety.

### Police

Dial 192 from any phone

## TRANSFERS

The transfers will be arranged according to the number of participants in your delegation. Transfers to the hotels will be only offered from Belgrade airports.

Service	Price (return ticket)
Up to 20 persons	40.00 EUR per person
More than 21 persons	30.00 EUR per person

The organizer will provide parking space for buses.

## INSURANCE

It is compulsory for all participants and delegation members to effectuate their own medical insurance and personal trip insurance. Karate Federation of Serbia and Karate Federation of Balkan are taking no liability for these concepts.

During the registration each delegation must present the signed insurance form.

## ENTRANCE

Entrance to the Sport Hall will be free of charge.

## FLAG AND ANTHEM

Each participating country is requested to provide 2 national flags and a CD/DVD with the national anthem.









## TERM OF RESPONSIBILITY

To be filled, signed and sent back by April 22nd, 2019.

I, \_\_\_\_\_ the undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 21<sup>st</sup> Balkan Senior Championships which will be held in Cacak, Serbia, from the 26 to the 27 of April 2019, with full knowledge of the Statutes, the Rules and the Norms of The KARATE FEDERATION OF BALKAN, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc. Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the KFB and the Karate Federation of Serbia, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

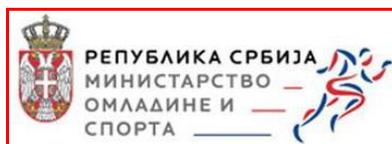
Country/Nation:	
Surname, First name:	
Passport number & expiry date:	
Credit Card details & expiry date:	
Position in the federation:	
Address:	
Tel.-no.:	
Fax & email:	

Fill in, stamp, sign and send to:  
Karate Federation of Serbia

**ADDRESS:**  
TEL : +  
FAX : +  
MOBILE : +  
E-Mail :

Signature

**PARTNERS:**



Ministry of Youth and Sport of the Republic of Serbia



ГРАД ЧАЧАК

The City of Čačak



Olimpijski komitet Srbije

Olympic Committee of Serbia



Sports Federation of Serbia



Contact

KARATE FEDERATION OF SERBIA

28/II, Makedonska Str.  
11000 Belgrade  
Serbia

Phone/Fax:  
+381 11 3242 323, 3232 209, 3241 370  
e-mail: office1@karateserbia.org